

Essence: Sweet children, remove your heart now from this old world and old stage. You have to return to the Father. Therefore, remember the home.

Question: What should you pay a lot of attention to in order to make your stage good?

Answer: Food. *Sensible* children will stay in yoga and prepare their food themselves and eat that. If someone remembers Baba with a lot of love whilst cooking and sits and eats that, their stage can become very good. If they cook in remembrance of Baba, Baba will take the fragrance of that. *Serviceable* children have to become very alert. Do every type of service by yourself.

Song: The heart says thanks to the One who has given it support...

Om shanti. The Father sits here and explains to you children. You children know that you souls are listening to the Father, the Supreme Father, the Supreme Soul. Previously, in spiritual gatherings, you didn't understand that you souls are listening to the Supreme Father, the Supreme Soul. Here, you children are in front of the Father and the Father is in front of you children. The Father is incorporeal and souls too are incorporeal. There are so many children. There are 5 to 6 billion children. No one except the Father can say this. The Father sits here and only explains to the Brahmins who are personally in front of Him. You know that, at this time, all are sinful souls. This is not the world of charitable souls. The golden age is called the world of charitable souls. The unlimited Father is now teaching you children Raja Yoga. The Father says: Whatever there is in this old world, including your body, has to be forgotten. You should have disinterest in it. This is unlimited disinterest. You don't have to go to the forests. You have to live in your household, but you mustn't attach your heart to this old world. This is the stage of the iron age. When it was the golden age on this stage, there was the kingdom of deities. Their *part* was played then. This stage has now become old. The golden age is called the world of charitable souls. Whatever you now see with your eyes are old things. You have to complete your 84 births, and so you mustn't attach your heart to this old world. You have to attach your heart to the new world. We now have to shed our old bodies and return home. You should be happy that Baba has come to take you back. We once again have to go to heaven and play our *part*. That is, whilst living in the household, we have to end all attachment. The old world is to become a graveyard. When *actors* end their *part* in a play, they remember their home. You Brahmins also know that you have played your *part* of 84 births. It is called the cycle of 84 births. You have to remember the clans. Shiv Baba sits here and looks at the flowers. This one's soul also sees, and he also remembers Baba: Baba has given me this knowledge. He is the Father, *Teacher* and Satguru. He doesn't hold any scriptures in his hand. Daughters also say: Shiv Baba has given us the *knowledge* of the world cycle and we are telling you that. Therefore, only the Satguru would be remembered. We remember Baba as a soul. The *history* and *geography* of the whole *world* is remembered. You souls also know that you live there bodiless. The Father is always bodiless. He is giving us teachings through this body exactly as He did in the previous cycle. Truly, we are souls. It is said: Charitable soul, sinful soul. It is not said: Sinful or charitable Supreme Soul. Sannyasis are also called great souls. If God were omnipresent, He would be called Great Supreme Soul. It is not possible that God would sit and have sacrificial fires and do tapasya. Devotees look for God. The path of devotion is also fixed in the *drama*. You once again have to experience happiness for 21 births and then experience 63 births on the path of bhakti in the cycle. You know that your *part* is the most unique. Each imperishable soul has received an imperishable *part*. The body perishes. The soul says: I have played a *part* of 84 births. I now have to complete my *part* and shed this costume. You mustn't have attachment to it. It is the soul that does everything. The soul studies. The soul says: I have studied so much through these *organs*. When a soul leaves his body, the body is said to be a corpse. The soul says: I am immortal. It is now in your intellect: I truly have a *part* of 84 births in this unlimited *drama*. The innumerable *actors* belong to the different religions. There is great praise of Bharat. Christians too have *regard* for Bharat. They believe that Bharat is ancient. At that time, there were no Christians. However, they simply say for the sake of saying it that Bharat is ancient. They don't know that there was the kingdom of the deities there and that they are called gods and goddesses. They don't say: *God* Krishna. They say: *Lord* Krishna. They ask for very old pictures of Krishna or the deities because the deities are still senior to

everyone. There is great praise of Bharat. If they hadn't changed the name in the Gita, everyone would know that this Bharat is the birthplace of the Father of us human souls. There are temples to Shiva in several places. The Purifier Father comes in the impure world and purifies everyone and so He is elevated. His praise is: Salutations to Shiva. You are the Mother and Father and we are Your children. You are the Ocean of Knowledge. Your ways and means are unique. Your praise is limitless. However, they still forget Him. This is why there is no praise of Bharat left. When you children go abroad, you have to explain to them: The Father of all souls is that Incorporeal One. You call out to *God, the Father*, but you don't know when He comes. The Yadavas, the people of Europe, know that they will destroy their own clan through the missiles they have invented. The Mahabharat War is very well-known. Death is just ahead of you. Bharat is ancient and many therefore become its helpers. They believe that Bharat was very wealthy. They had so many treasures. Later, the Muslims took all the jewels and diamonds etc. and studded their tombs with them. You children know that there truly was the kingdom of deities in Bharat. We are now once again claiming that kingdom. No one can become a master of the world without the power of yoga. Christians all belong to the one religion. They will fight amongst themselves and destroy their own clan. Those who belong to the Yadava clan will fight amongst themselves with missiles. They know that the whole world will be destroyed through *bombs* and that they won't be able to rule the kingdom. You know that the two monkeys will fight between themselves and we will take the butter from between them. You are making effort. You children should now have disinterest in this old world because you know that all of it is going to be destroyed. You have to remember the one Father. Why should you remember the graveyard? The graveyard will end and it will become the land of angels. There were mines of jewels and diamonds in this same Bharat. Now, all of them are empty. Children have had visions of how they fetch gold in the vimans. That world will become new. There, the flowers and fruit are so good. Everything there is good. There is nothing there that would create rubbish or cause sorrow and this is why it is called heaven. So, the one Bridegroom has now come to take all the brides. Everyone's body will be destroyed here. This Holika etc. are all festivals of here. However, no one knows their accurate significance. There is also the festival of Raksha Bandhan and the festival of burning Ravan. Baba has explained: At this time, the whole world is Ravan's home. All are in the cottage of sorrow. They are so unhappy. Therefore, end your attachment to everyone. We are now going back home. You have to remember the home. In the golden age, when your body becomes old, you will understand that you will then shed your old body and take a new one. You understand that you now have to return home and that you therefore have to renounce body consciousness. The world doesn't know these things. They say that the soul is the Supreme Soul and that the Supreme Soul is the soul. The Father explains: This is a lie. If devotees are God, why do you remember God? Only the one incorporeal Father is remembered as the Purifier. He says: I have to come into the impure world. Then, I make this one and all of you children pure. I make the whole world pure and take them back. There, in the supreme abode, all souls are pure. Then, having been through the stages of sato, rajo and tamo, they have become impure at the end. This is everyone's final birth. Lakshmi and Narayan are also now in their final birth. The Purifier is only the one Father. It is very easy to understand this world cycle. You mothers too can explain this cycle very well. This simply requires understanding by the intellect. It is very easy to explain using the pictures. No one except the Father can explain this *knowledge*. No one else has these pictures. There will be a lot of respect for these pictures. Baba says: Send the pictures of this tree and the Trimurti to those who are educated. Also send them abroad. *First-class service* can take place through them. You can go and explain personally. This too is *knowledge*. It should be available in *colleges* so that they can receive the *knowledge* of the unlimited *history* and *geography*. The arrow will hit those who belong to the Brahmin clan. Baba continues to give different *directions*. Sometimes, children are very enthusiastic and at other times, they become cool like *soda water*. Give these pictures to the big *universities*. When the pictures are sent, the arrow will strike someone. Give them *free* to eminent people abroad. The unlimited Father says: You can give them *free*. However, it shouldn't be that you continue to give them to whomsoever you meet on the *trams* or *buses*. You have to see if they are worthy. They have very good *knowledge* in them. You can also give them to the big shops. You should

make effort. *Serviceable* children can do *service*. Each one's *service* is his own. Mothers too have to do *service* at home. Just take a picture and then sit and explain with love. Things are explained to little children using pictures. Some children are 4 months old, some are 6 months old and some are even 2 months old. It is now in your intellect how you take 84 births. We have now become Brahmins, then we will become warriors and then merchants. You should talk to yourself in this way. You are those who talk to the parlokik Father. This is churning the ocean of knowledge. The more *service* you do, the more reward you will receive. You are on *Godly service*. Baba says: Take care of your household, but give 8 hours to this *service*. You are receiving unlimited treasures. You should spin this discus of self-realisation in your intellect throughout the day. You should remember the cycle of 84 births. Why do you forget it? The more you remember Him, the more you will become a garland around the Father's neck. Then, you will become a garland around the neck of Vishnu. This is repeatedly explained to you children. You can imbibe this very well here because you don't have any friends or relatives here. *Serviceable* ones are those who remain engaged in *service* throughout the day. They listen to Baba's murli, *repeat* it and *note* it down. *Teachers* understand that if many students from their *school pass*, the *Government* will give them a prize. You Brahmins should also remain like that. "I will prepare a very good group and take them to Baba." This is called being *sensible*. If someone doesn't make effort, he or she is *reported*. It is a sin to rest. *Teachers* should be so alert that they look after 10 centres and run around here and there. 5 to 6 hours sleep is enough. However, you do have to make effort. Good *sensible* children will try to prepare their own food. They will remember Baba whilst cooking and will sit and eat it with a lot of love and their stage will thereby be very good. Baba also wants children to cook for themselves. If you prepare it in remembrance of Baba, then Baba will also take that fragrance. There will be very good progress by having remembrance of the Father. Continue to spin the discus of self-realisation. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. By talking to yourself and the parlokik Father, churn the ocean of knowledge and keep your intellect *busy*. Become a spinner of the discus of self-realisation.
2. We are now going back home. This is the cottage of sorrow and so remove your attachment to it. Attach your heart to the new world.

Blessing: May you be an image of constant tapasya and with the co-operation of renunciation and tapasya, become successful in service.

A server is someone who is an image of renunciation and tapasya. With the co-operation of both renunciation and tapasya you receive constant success. Tapasya is to belong to the one Father and none other. Continue to do this tapasya constantly and your service place will become a place of tapasya. Prepare such a place of tapasya that moths come to it by themselves. Serving through your mind will reveal powerful souls. Now, transform the land through your mind. This is the method for expansion.

Slogan: With the powers of humility and patience, cool down the fire of anger.

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